



Instructions After A Nitrous Oxide Sedation Visit

Post-Operative Instructions

1. After your appointment, you must not operate a motor vehicle or hazardous machinery for at least 15 minutes. You may be tired for the remainder of the day and should not consume alcohol and other drugs with sedative properties or make important decisions.
2. Depending on your dental treatment, you may need to modify your diet. This will be reviewed with you prior to leaving the office.
3. If you have any concerns following the appointment, contact the office for advice.
4. In addition to the sedative medications, we often use local anesthetic to numb the mouth during dental treatment. The numbness usually lasts two to four hours. Exercise caution to avoid biting, scratching, or injuring the cheek, lips, or tongue during this time.
5. If you have discomfort after the numbing has worn off, you may take acetaminophen (Tylenol®) or ibuprofen (Advil®, Motrin®).

Please feel free to call the office for any questions or concerns that you might have.